Cut the Flab—what can I Cut, to better Say what I'm Trying to Say?

By Azalea Dabill

and

Help Stamp Out, Eliminate and Abolish Redundancy!

By unknown (Courtesy of Jeanne Leach)

Learning how to cut the flab is a matter of practice and preference. Any first draft piece usually benefits from cutting words. When we come upon a mind-picture of a scene, we often subconsciously test different ways of getting it across by repeating what we see on our page several times.

Following drafts give us a place and time to pick the best sensual experience, or to combine the facets of what make the gem. To add, mix, cut and paste. And don't rule out cutting a scene if it doesn't work.

All the mind-pictures that cross our mind do not fit our story. Some of them must go for the rest of our tale to fit together smoothly. Copy a bit of your writing, then whack away. (Save the original version in case you need to go back.) More often than not your piece will come out like a lamb: trim, white, and beautiful from shearing. If the shearing needed is denied, later you may find a lion tearing through the iron verbiage that barred it from freedom.

Read stories by writers you admire. The same goes for books on writing. See my website for my personal list of recommended books. Some encourage, and some instruct. Have fun practicing, and in your practice, enjoy writing. Enjoy the path, the aspiration, and the purpose of your writing and cutting. It is a good idea as you go along your writing journey to pin down as much as you can the reason *why*. Why do you want to write? Why do you write *what* you write?

Some authors and readers prefer poetic or literary writing while others like their stories less complex and more direct. There must be a balance of both bare-bones action and description in each type, of course. The proportion is the only thing that changes.

Plot driven books tend to be more bare-bones, and character driven books tend to show details of setting, the character's inner landscape, and action and reaction within and without.

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My students are fond of writing, "I was thinking in my mind . . ." or "I was thinking in my head. . . ." This concerns me as I wonder in what other parts of their bodies thinking may (or may not) be happening.

These repeated or unnecessary words are sometimes difficult to weed out during editing. They remind me of all those tchotchkes littering my house - the clutter bunnies. You know, those dust collectors like the ceramic ducks from the oldest who's now 40, the spoons from every vacation from sea to shining sea, the collection of broken shells from the bottom of every sea to shining sea.

Clutter bunnies invade our writing. They make it as weighty as coals in the Christmas stockings of a misbehaving child. Here's the good news...the clutter in our writing doesn't need to be dusted, just deleted.

Disclaimer: Depending on the circumstance, a repetition may be necessary to make a point or may be a stylistic device. I'm certainly not suggesting all repetition is B-A-D.

CHECK YOUR WRITING FOR THESE:

FAT VERSION

THE VERNER OF V	EEIN (I/MICHINE VERDICI)
12midnight/12noon	midnight/noon
3 am in the morning	3 am
A total of 12 people	12 people
Added bonus	bonus
Baby calf	calf
Brief moment	moment
Burning hot	hot
Biography of her life	biography
Circle around	circle
Close proximity	close
Cooperate together	cooperate
Close scrutiny	scrutiny

LEAN MACHINE VERSION

Complete stop stop

Consensus of opinion consensus

Descend down descend

Duplicate copy duplicate OR copy

empty hole hole

end result result

exactly the same same

false illusion illusion

final farewell farewell

first priority priority

freezing cold/ice cold cold

future plans plans

free gift gift

hanging down hanging

honest truth/true fact truth/fact

hot water heater water heater

income coming in income

in the event that

in spite of the fact that although

it's raining outside it's raining

merge/join together merge/join

money-saving coupon coupon

little baby baby

knowledgeable experts experts

pair of twins twins

past tradition/experience tradition/experience

previous history history

null and void null OR void

revert back/refer back/return back revert/refer/return

safe sanctuary/safe haven sanctuary/haven

sink down sink

small speck/tiny bit speck/bit

surrounded on all sides surrounded

unique individual individual

young child child

P.S. One of my students asked if "redundancy" meant to dundancy again... Oh, my.

Jeanne Marie Leach

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